

OxCAP-MH

This questionnaire asks about your overall quality of life.

<p>1 Does your health in any way limit your daily activities, compared to most people of your age?</p> <p><i>[Please tick one]</i></p>	<p><input type="checkbox"/> Always 1</p> <p><input type="checkbox"/> Most of the time 2</p> <p><input type="checkbox"/> Some of the time 3</p> <p><input type="checkbox"/> Hardly ever 4</p> <p><input type="checkbox"/> Never 5</p>
<p>2 Are you able to meet socially with friends or relatives?</p> <p><i>[Please tick one]</i></p>	<p><input type="checkbox"/> Always 5</p> <p><input type="checkbox"/> Most of the time 4</p> <p><input type="checkbox"/> Some of the time 3</p> <p><input type="checkbox"/> Hardly ever 2</p> <p><input type="checkbox"/> Never 1</p>
<p>3 In the past 4 weeks, how often have you lost sleep over worry?</p> <p><i>[Please tick one]</i></p>	<p><input type="checkbox"/> Always 1</p> <p><input type="checkbox"/> Most of the time 2</p> <p><input type="checkbox"/> Some of the time 3</p> <p><input type="checkbox"/> Hardly ever 4</p> <p><input type="checkbox"/> Never 5</p>
<p>4 In the past 4 weeks, how often have you been able to enjoy your recreational activities?</p> <p><i>[Please tick one]</i></p>	<p><input type="checkbox"/> Always 5</p> <p><input type="checkbox"/> Most of the time 4</p> <p><input type="checkbox"/> Some of the time 3</p> <p><input type="checkbox"/> Hardly ever 2</p> <p><input type="checkbox"/> Never 1</p>
<p>5 How suitable or unsuitable is your accommodation for your current needs?</p> <p><i>[Please tick one]</i></p>	<p><input type="checkbox"/> Very suitable 5</p> <p><input type="checkbox"/> Fairly suitable 4</p> <p><input type="checkbox"/> Neither suitable nor unsuitable 3</p> <p><input type="checkbox"/> Fairly unsuitable 2</p> <p><input type="checkbox"/> Very unsuitable 1</p>
<p>6 Please indicate how safe you feel walking alone in the area near your home:</p> <p><i>[Please tick one]</i></p>	<p><input type="checkbox"/> Very safe 5</p> <p><input type="checkbox"/> Fairly safe 4</p> <p><input type="checkbox"/> Neither safe nor unsafe 3</p> <p><input type="checkbox"/> Fairly unsafe 2</p> <p><input type="checkbox"/> Very unsafe 1</p>

<p>7 Please indicate how likely you believe it to be that you will be assaulted in the future (including sexual and domestic assault):</p> <p><i>[Please tick one]</i></p>	<input type="checkbox"/> Very likely 1 <input type="checkbox"/> Fairly likely 2 <input type="checkbox"/> Neither likely nor unlikely 3 <input type="checkbox"/> Fairly unlikely 4 <input type="checkbox"/> Very unlikely 5				
<p>8 How likely do you think it is that you will experience discrimination?</p> <p><i>[Please tick one]</i></p>	<input type="checkbox"/> Very likely (Go to Q8a) 1 <input type="checkbox"/> Fairly likely (Go to Q8a) 2 <input type="checkbox"/> Neither likely nor unlikely (Go to Q9) 3 <input type="checkbox"/> Fairly unlikely (Go to Q9) 4 <input type="checkbox"/> Very unlikely (Go to Q9) 5				
<p>8a On what grounds do you think it is likely that you will be discriminated against?</p> <p><i>[Please tick up to three]</i></p>	<input type="checkbox"/> Race/ethnicity <input type="checkbox"/> Gender <input type="checkbox"/> Religion <input type="checkbox"/> Sexual orientation <input type="checkbox"/> Age <input type="checkbox"/> Health or disability (incl. mental health) <input type="checkbox"/> Other:				
<p>9 Please indicate how strongly you agree or disagree with the following statements:</p> <p><i>[Please tick one]</i></p>	Strongly Agree 5	Agree 4	Neither agree nor disagree 3	Disagree 2	Strongly disagree 1
<p>9a I am free to influence decisions affecting my local area.</p>					
<p>9b I am free to express my views, including political and religious views.</p>					
<p>9c I am able to appreciate and value plants, animals and the world of nature.</p>					
<p>9d I am able to respect, value and appreciate people around me.</p>					
<p>9e I find it easy to enjoy the love, care and support of my family and/or friends.</p>					
<p>9f I am free to decide for myself how to live my life.</p>					
<p>9g I am able to use my imagination and to express myself creatively (e.g. through art, literature, music, etc.).</p>					
<p>9h I have access to interesting forms of activity (or employment).</p>					